



'ACRO-WARRIORS' - New Name, New Look, New Styles... Blending Yoga, Creativity and Fun to Help Children Thrive!

We're so excited to launch our **new club sessions** - '**ACRO-WARRIORS**' at Hallam Primary School. Each half term there will be a **new and exciting theme** including **Acro-Yoga**, **Vibe-Yoga** and **Adventure-Yoga!** **ACRO-WARRIORS** runs on **Thursday Lunchtimes** for Y5 & Y6. With new certificates to award progress alongside, we're sure that your child(ren) will love our new-look club! 🧘‍♀️ 🧘‍♂️ 🧘‍👧

Expect **lots of fun**, whilst also **boosting your child's well-being** and **happiness** 😊

- ✓ **Acrobatic balances** and **flow** with ACRO yoga 🤸
- ✓ **Music** and **dance** with VIBE yoga 🎵
- ✓ **Relax** and **chill** with CHILLOUT yoga 😊
- ✓ Explore the **natural world** around us with NATURE yoga 🌳
- ✓ **Strength building** with POWER yoga 💪
- ✓ **Drama** and **play** with ADVENTURE yoga 🤸

Classes run from **Thursday 12th September 2024** to the **24th October 2024** (7 sessions) - located in the **KS2 hall**. We ask for children to bring their PE kits and a bottle of water please. The sessions are delivered by Rachel; a **fully qualified Children's Yoga Instructor** with a relevant DBS and first aid qualification.

How to book and pay for your child's place:

Each session costs **£3.75** so the total is **£27.66 inc. booking fee of 4.6%+20p**. There are only **22 places** available for each session, so if your son or daughter is keen to join ACRO-WARRIORS, simply go to our website and pay us directly as soon as you can!

[Click here to book your child's place at Yoga Club!](#)

1. Find your school
2. Click 'Book FUN / ACRO WARRIORS at...'
3. You will then be taken to our booking system where you can add details and pay
4. If the club is full you will have the chance to join the waiting list

Any enquiries regarding the club can be made to Joanne Wharton on 07540 240 404 or Summer Riley on 07540 489 779 or email info@kidsloveyoga.org.uk. We look forward to seeing your child at ACRO-WARRIORS soon :) Best wishes, Summer & Jo